

About myself

I passed the Oregon Board of Massage Therapy in 1998, followed by a number of continued education programs such as:

Traditional Thai Massage

Deep Tissue Massage

Reiki Master Teacher Training

Chi Nei Tsang – internal organ massage

Massage for people with cancer

I also specialize in NAET allergy treatments and have taken additional seminars in relation to NAET on Bowel Disorders, Reflux Disorders etc.

I became a certified naturopath in Berlin/Germany In 2002 after many years of living and working in the United States.

Additional training has been obtained in the following:

Louise L. Hay Teacher Training – Path to healing our lives (Spain)

Hypnotherapy (USA)

Creative Healing; The Gentle Birth Method and fertility treatments (England)

PMR - Progressive Muscle Relaxation

Homeopathy

Astrology

In my practice I offer my assistance in your personal healing process, life changes, personal growth, and achievement of general wellbeing. During many years in the field of body- and healing work I have learned that our body can be the key messenger of our inner state of (well)being. Therefore most of my therapeutic approaches include bodywork to a smaller or larger extent.

My main focus:

- Tight muscles, body aches, pain, limitation of movement
- Therapeutic- and wellness massages (individual approach)
- Fertility for women
- Pregnancy
- Allergies (NAET)
- Burnout & Stress
- Various forms of consultations – including astrology

Please feel free to contact me if you have any questions or if you would like to make an appointment. I look forward to hearing from you.

Contact

